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2019-20 CALGARY FLAMES

YEARBOOK

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2019-20 SEASON REVIEW

by Ryan Dittrick

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It sure was a roller-coaster ride.

From training camp in the fall, to the season's eventual end in the northern Hub City of Edmonton some 11 months later, the 2019-20 Flames had to scratch, claw and grind their way through ups, downs, and everything in between.

The Flames were coming off an historic 2018-19 campaign, earning the second-highest point total in franchise history (107), thanks to an eye-popping 50-25-7 record, a staggering +64 in the goals for/against column, and 288 tallies in total offence that rocketed the locals from 26th overall the year prior, to second in the league last year.

All of it helped the Flames win their first division title in 13 years, the first regular-season conference banner in nearly three decades, and have their captain – 36-year-old Mark Giordano – bring home a key piece of hardware as the NHL's top rearguard.

Hopes were high for a long post-season run, but they fell to the Colorado Avalanche in the first round.

This year was about making things right, said the players, and atoning for that loss.

With some new faces on board - including Milan Lucic, Cam Talbot and Tobias Rieder - the excitement, too, was already at a fever pitch when camp started.

"Honestly," said top centre Sean Monahan, "if we're asking ourselves how basically the same team can come in and fix what didn't work in the playoffs last year, you're looking at it.

"It's on us.

"All of us, here.

"We know what we have in our group. You look at our team and we're deep. We've got the guys that can put up points, we've got an incredible group of defencemen, we've got great goaltending, and the guys that can step up and provide leadership in the locker-room – including the best captain in the league. In my eyes, we have it all.

"You grind through 82 games to not only make the playoffs, but to position yourself well as the top seed, clinching home ice all the way through, to leave what we did on the table (last year) showed every guy in that locker-room that we need to be better.

"And we will be, because we're more than capable of it."

With optimism abound, the Flames were dealt an early blow when it was announced prior to camp that promising young blueliner and former first-round pick Juuso Valimaki would miss a sizeable chunk of the year due to an off-season training injury.

> "Having the finish we had last year made it even more clear to me that I want to win with this group. I want to win in Calgary.
>
> **Matthew Tkachuk**

Even with the expanded campaign, the torn ACL would ultimately cost him the season.

But once the recruits took to the ice, the mood perked up.

Matthew Tkachuk – the lone holdover from a long summer of contract negotiations – inked a fresh, three-year pact after a career-best, 34-goal, 77-point season, and was keen to put the team on his shoulders.

He took an even greater step this year, led the team in scoring, dominating games with his unflappable talent and grating, physical panache, and single-handedly brought the Battle of Alberta back from the dead with a spirited effort in each of the mid-season feuds.

"Having the finish we had last year made it even more clear to me that I want to win with this group. I want to win in Calgary." Tkachuk said. "We were a 100-point team last year and basically everyone's back.

"We're chomping at the bit.

The Flames opened the season with a 5-3 road loss to their playoff nemesis, the Avalanche, before returning to the Scotiabank Saddledome and kicking off the home slate with a 3-0 win over the Vancouver Canucks.

It was that kind of start for this group as they looked to quell the jitters and find their footing in the wild, wild west.

Win one. Lose one. Win two. Lose two.

But by Halloween, spurred by Tkachuk's magical between-the-legs OT winner over Nashville — a goal for the ages — they finally had something to build on.

It was all part of a wild third period that saw the Flames face a 4-1 deficit at the outset, before Tkachuk levelled the count late, then winning it himself with the goal of the year.

"I try that — it seems — like, once a game," Tkachuk laughed. "I'm lucky it went in. I knew there was very little time on the clock. Very little. Like, a couple seconds. Where the puck was, I didn't think I'd be able to get my feet or my body around to keep it on my forehand. I didn't think I'd have the time to do that, and I didn't want to go ahead of it and backhand smack it, so that was the last resort."

As cheeky as it was, and as easy as No. 19 made it seem, it wasn't always the case for these Flames in the season's early going.

By November, adversity struck and began testing the character, the leadership and the mettle within.

Nov. 14 is one of those days etched in the memory of those on the inside. Beloved teammate TJ Brodie collapsed on the ice during practice, required immediate medical attention and was later transported to hospital.

The image, irrevocably vivid, sent shockwaves around the rink.

Thankfully, the episode was later diagnosed as a fainting spell, and no chronic effects were expected, nor observed over the rest of the season.

But the frightful nature of the incident was not easy to overcome.

So frenzied, so troubling was the sight of that playing out in real time, the moment later became a symbol of what this Flames team was all about:

All in.

All together.

"When he first passed out, he was out," General Manager Brad Treliving said during a widely viewed press conference less than 24 hours later. "By the time I got down to the ice, his eyes were open. I don't know if he was communicating a lot, but he was alert.

"It can happen to anybody, but especially when it's a teammate, I think our team was very affected. (Dr.) Ian (Auld) and I were at the hospital all while TJ was there, and it was a stream – the whole team was up there at some point. They were very affected. We met this morning, updated them, but... the closeness on this team was prevalent when they see a teammate in trouble like that."

> "That's our place. So, as a team, as a family, let's insulate ourselves from the noise on the outside and focus on what we need to do.
>
> **Ward talking about the importance of the dressing room**

Understandably stunned, the Flames lost each of their next four and were below .500 as they entered a tough stretch on one of their annual, east-coast road trips.

Early in the swing, Geoff Ward was promoted to the head-coaching role with the requisite, season-long 'interim' tag, after Bill Peters resigned on Nov. 29.

After Ward took over, the Flames won a season-high seven straight games to begin their march up the standings.

Ward — a teacher by trade — was instrumental in this, establishing an open-door policy from Day 1 that empowered the players to be up front and honest with one another, to speak freely about their challenges, celebrate their successes, and — most importantly — to work collaboratively in a solution-based haven.

"We talked again about the importance of the dressing room," Ward said. "That's our place. So, as a team, as a family, let's insulate ourselves from the noise on the outside and focus on what we need to do.

"I give a lot of credit to the players, how they're dealing with this, and also to the staff.

"Everyone's done a fantastic job of creating an environment that allows them to move forward with what they do for a living and that's play hockey.

"Anything we can do to build normalcy right now, for ourselves and our players, is a good thing."

It was, perhaps, the most pivotal moment of the season for this team – a ceremonial turning of the page, dutifully driven home by a symbolic gesture from the new boss. As they took to the ice for their first practice of the new era, they did so under the beats of Elton John, Queen and so many more at full volume during drills.

"Hockey's fun," Monahan said. "Coming to the rink and having fun, enjoying yourself, that's what it's all about.

"We're trying to keep the energy up in the dressing room and on the ice. Having music on during practice? That's a first for me.

"And I loved it."

Ward, who worked as an associate under Peters since the fall of 2018, had more than two decades of coaching experience under his belt, including half as an assistant with the Boston Bruins — with whom he won the Cup with in 2011 — and New Jersey Devils.

Naturally, over time, paths cross.

And on that championship-winning B's team of yesteryear, Ward and Lucic grew close.

"He did a great job of getting us to buy into one another, buy into the system and make us believe in ourselves, and each other," Lucic said. "Yeah, the systems and X's and O's are all there, but from a motivational standpoint, bringing guys together and making us believe in each other, that's the biggest thing of all."

At the turn of the calendar, the Flames were 21-17-5, with the division lead locked in their sights.

The annual dads' trip — a good luck charm for this troupe — helped open the new year, and the Flames did their pops proud by rattling off a pair of victories and setting their focus on a pivotal second half.

They carried that momentum into the bye week and emerged from the break in a great position to strike.

After beginning the month with an emotionally-charged Battle of Alberta, the Flames hit the road and took down the first-place Canucks to open a critical, west-coast road swing. Dillon Dube, Derek Ryan and Lucic went off, beginning their late-season charge offensively, while showing signs they could be counted on to provide at both ends of the ice during the most important stretch of the season.

Another youngster, Andrew Mangiapane, continued his surge as a legitimate,

top-six threat, netting a hat-trick in another offensive onslaught, 6-4 over the Anaheim Ducks in the team's return to the 'Dome.

With the club heading into the stretch drive, Treliving loaded up at the trade deadline, adding a pair of defencemen to anchor the third pair, and fortify the powerplay and penalty-kill.

Both Erik Gustafsson (a former 60-point player with the Chicago Blackhawks only two years ago) and Derek Forbort (a shutdown specialist with a knack for rib-rattling body-checks) made an immediate impact and gave the Flames a hefty supply of depth as the spring season approached.

"We're happy with what we got accomplished," Treliving said that day in downtown Boston. "Strategically, we may have had to change gears the last three weeks with our injuries on defence. So, you're sitting here and saying, 'OK, if you are going to look to add to your team, and you have specific assets to use, what's the best way to use them?'

"You come in here, you're either selling and trying to acquire assets, or you're trying to help your team. Where we're at, right now, we wanted to see if we could push it. We wanted to go to the (dressing) room and say, 'Look, we're trying our best to help.'"

The Flames were rounding into form and were showing signs that they were better suited for the playoffs this time after suffering a disappointing, five-game ouster in April, 2019.

Coming off their longest road trip of the season, their best players were firing at will.

Johnny Gaudreau was on a point-per-game pace in the calendar year; Mikael Backlund finished the month of February with nine goals and 19 points in only 15 games – a stretch that included back-to-back three-point efforts and was quickly becoming one of the league's top pivots; Elias Lindholm was ready to crack the 30-goal barrier for the first time his career; Tkachuk – routinely the hero – contributed eight goals and a team-leading 23 points in the final 20 games of the regular season, but was far from satisfied.

And then there was the goaltending.

The situation created one of the NHL's elite tandems, with Talbot – the even-keel vet – offering support at both ends for his up-and-coming colleague, David Rittich. Talbot, in particularly, had earned the majority of the reps down the stretch and was one of the league leaders in save percentage with a .927 dating back to Dec. 1.

But then, it all went quiet.

Eerily so.

The sport took a back-seat as our world faced and continues to wrestle with an unprecedented public health crisis.

On May 26 – more than two full months after the rinks went dark – the NHL unfurled an impressive, yet equally ambitious 'return-to-play' plan that included a best-of-five, qualifying-round format to begin the playoffs and help set the field for the official, 16-team tournament.

Twenty-four teams including 12 from each conference returned from the freeze, with training camps opening in the clubs' home cities on July 13. The top four seeds in each conference (as determined by their points percentage when the season was paused), received a 'bye' in the opening round, while the remaining 16 teams had to play their way in.

As the eighth seed in the Western Conference with .564 points percentage, the Flames had a date with the ninth-seeded Winnipeg Jets (.563) in the only all-Canadian matchup on the card.

Meanwhile, those who received a bye — the St. Louis Blues, Colorado Avalanche, Vegas Golden Knights and Dallas Stars from the west, and the Boston Bruins, Tampa Bay Lightning, Washington Capitals and Philadelphia Flyers from the east — played a round-robin 'tournament' with regular-season rules to determine seeding.

The Flames made short work of the Jets, winning the set 3-1 to pocket their first playoff-series triumph since the unforgettable, six-game effort over the Vancouver Canucks in 2015.

The Flames out-scored the Jets 16-6 and looked good in the process, with 11 different-goal-scorers combining to light the lamp in the series and lift the Flames over their former Smythe Division counterparts.

Monahan paced the Flames with a pair of goals and four helpers, while four others — Backlund, Gaudreau, Lindholm and Sam Bennett — had multi-goal showings in the series.

Talbot was a rock between the pipes and entered the official first round with a retina-searing .945 save percentage and miniscule 1.45 goals-against average.

"You have to have a short memory in the playoffs," appraised Ward following the 4-0 series clincher. "The first series is over and we're not even thinking about it. Our group is happy with that we were able to accomplish in the first round. I think we feel good about where we're at as a team, but we're certainly not satisfied.

"We understand we have a challenge ahead of us in the next round, and that's exactly where the focus is at with our group right now. ... They've given us every

indication that they're ready to get going in Round 2."

The Flames — perhaps more than any other team — were thoroughly enjoying the bubble and wanted to make this once-in-a-lifetime experience last.

"We know what we're here for," Tkachuk said. "The past four months, we've been waiting for this moment. Well, we're here now, and we are for a reason.

"We came here to win.

"We didn't work hard for the last nine, 10 months since the start of the year and four months since the pause to come here for a quick vacation.

"This is a really great team, a group of guys, and we all want to win together."

The Flames opened their official first-round series against Dallas with a 3-2 win, with Dube scoring two of his four playoff goals to help set the tone early. The Stars rallied to tie the game midway through the second period, but Rasmus Andersson — who was an absolute stud on the blueline throughout the drama-filled playoff run — netted the eventual game-winner late in the middle frame to send Calgary to a 1-0 series lead.

The Stars replied with a 5-4 victory in Game 2, with Jamie Oleksiak potting the winner with only 40 seconds left after Rieder and leading scorer Bennett — who again rose to playoff prominence with a stunning offensive effort, along with his usually abrasive, punishing physical game throughout the post-season — scored to even things up in the back half of the third.

The contest proved to be a bit of a turning point, though.

And we're not talking about the scoreboard.

Tkachuk went down with a concussion and was sidelined for the rest of the series, making the march back over this formidable foe just that much more difficult.

But the Flames fought back and delivered a stiff, right hook of their own in Game 3. Backlund and TJ Brodie supplied the offence, while Talbot stopped all 35 shots he faced in a 2-0 shutout victory.

He was incredible. Sensational.

Otherworldly, throughout.

The 33-year-old was just trying to get his career back on track.

What actually transpired went miles beyond that.

Talbot finished the playoffs with a sparkling, .924 save percentage and a 2.42 goals-against average that rivalled some of the best in the bubble.

But the Cup? That remains elusive.

For now, anyway.

The Stars won three straight, including a dramatic, 5-4 overtime finish in Game 5 — one in which the Flames were only 11 seconds away from taking a 3-1 series stranglehold.

But it wasn't to be.

The Flames fell 2-1 in Game 5, and 7-3 in the clinching contest only 48 hours later after assembling a 3-0, first-period lead.

Certainly, there's no quick fix when it comes to managing the emotions of a Cup chase gone awry.

But the Flames — who finished the regular season with a 36-27-7 record — made many of a believer with how they competed in this year's playoffs.

Including, themselves.

The belief that starts — unequivocally — from within.

And that, unlike any previous year, is truly something to build on.

"Now, our guys aren't afraid to have the hard conversations with each other," Ward said. "In order to be successful, you have to be able to deal with each other in different ways — as people, and as players and coaches. And that's a different kind of communication.

"That part is difficult to achieve, because when you talk about what you need from a player, or what players need from each other … some guys take it as a slight to their self-esteem and they can fall apart on you.

"Now, they realize that the wins are more important than individual goals. All those things are really important to us as we go along into this next stage of becoming a contending team." ■

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2019-20

GAME-BY-GAME

REGULAR SEASON RECORD | 36-27-7 | 79 POINTS

3 AT 5

GAME 1 | OCT. 3

JOHNNY GAUDREAU NOTCHED HIS 100TH CAREER MULTI-POINT GAME

3 VS 0

GAME 2 | OCT. 5

SCOTIABANK HOME OPENER

OVERTIME

3 VS 4

GAME 3 | OCT. 8

SHOOTOUT

3 AT 2

GAME 4 | OCT. 10

2 AT 6

GAME 5 | OCT. 12

1 AT 3

GAME 6 | OCT. 13

JOHNNY GAUDREAU SKATED IN HIS 400TH CAREER NHL GAME

3 VS 1

GAME 7 | OCT. 15

MICHAEL FROLIK SKATED IN HIS 800TH CAREER NHL GAME

5 VS 1

GAME 8 | OCT. 17

1 AT 4

GAME 9 | OCT. 19

2 AT 1

GAME 10 | OCT. 20

MILAN LUCIC SKATED IN HIS 900TH CAREER NHL GAME

3 VS 5

GAME 11 | OCT. 22

TOBIAS RIEDER SCORED HIS FIRST GOAL AS A FLAME

SHOOTOUT

6 VS 5

GAME 12 | OCT. 24

NHL HERITAGE Classic 2019 REGINA • SASK. Tim Hortons

JETS WINNIPEG

MOSAIC STADIUM

OCT. 26, 2019

OVERTIME

1 AT 2

GAME 13 | OCT. 26

HERITAGE CLASSIC AT MOSAIC STADIUM
IN REGINA, SASKATCHEWAN

1 AT 2

GAME 14 | OCT. 29

ALAN QUINE SKATED IN HIS 100TH CAREER NHL GAME

OVERTIME

6 AT 5

GAME 15 | OCT. 31

JOHNNY GAUDREAU RECORDED HIS 400TH CAREER POINT

3 AT 0

GAME 16 | NOV. 2

2 AT 4

GAME 17 | NOV. 3

OVERTIME

4 VS 3

GAME 18 | NOV. 5

HOCKEY FIGHTS CANCER NIGHT

5 VS 2

GAME 19 | NOV. 7

OVERTIME

2 VS 3

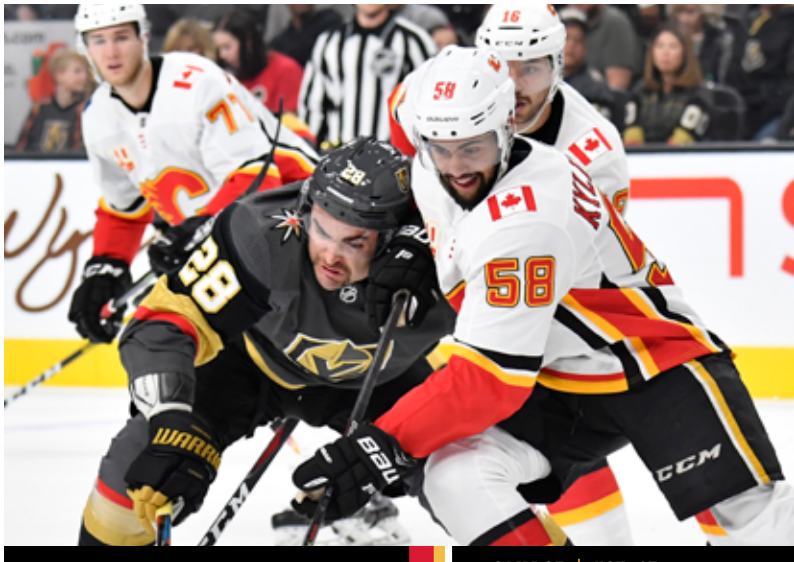
GAME 20 | NOV. 9

1 VS 3

GAME 21 | NOV. 13

0 AT 3

GAME 22 | NOV. 16



0 AT 6

GAME 23 | NOV. 17

2 VS 3

GAME 24 | NOV. 19

0 AT 5

GAME 25 | NOV. 21

SHOOTOUT

3 AT 2

GAME 26 | NOV. 23

OVERTIME

2 AT 3

GAME 27 | OCT. 25

OVERTIME

3 AT 2

GAME 28 | NOV. 27

3 VS 1

GAME 29 | NOV. 30

SEAN MONAHAN SKATED IN HIS 500TH CAREER NHL GAME

4 VS 3

GAME 30 | DEC. 5

TOBIAS RIEDER SKATED IN HIS 400TH CAREER NHL GAME

4 VS 3

GAME 31 | DEC. 7

MIKAEL BACKLUND NOTCHED HIS 200TH CAREER ASSIST

OVERTIME

5 AT 4

GAME 32 | DEC. 9

MATTHEW TKACHUK NOTCHED HIS 200TH CAREER NHL POINT

5 AT 2

GAME 33 | DEC. 10

4 VS 2

GAME 34 | DEC. 12

0 VS 4

GAME 35 | DEC. 14

T.J. BRODIE SKATED IN HIS 600TH NHL GAME

1 VS 4

GAME 36 | DEC. 17

OVERTIME

3 VS 4

GAME 37 | DEC. 19

5 AT 1

GAME 38 | DEC. 22

0 AT 3

GAME 39 | DEC. 23

5 AT 1

GAME 40 | DEC. 27

2 VS 5

GAME 41 | DEC. 29

CAM TALBOT MADE HIS 300TH NHL APPEARANCE

3 VS 5

GAME 42 | DEC. 31

4 VS 3

GAME 43 | JAN. 2

NOAH HANIFIN RECORDED HIS 100TH CAREER NHL ASSIST

SHOOTOUT

5 AT 4

GAME 44 | JAN. 5

DAVID RITTICH APPEARED IN HIS 100TH CAREER NHL GAME

2 AT 1

GAME 45 | JAN. 7

ELIAS LINDHOLM SKATED IN HIS 500TH CAREER NHL GAME, AND REACHED 300 CAREER POINTS.

2 VS 1

GAME 46 | JAN. 9

4 VS 3

GAME 47 | JAN. 11

ELIAS LINDHOLM NOTCHED HIS SECOND CAREER 20-GOAL SEASON

0 AT 2

GAME 48 | JAN. 13

ANDREW MANGIAPANE SKATED IN THE 100TH GAME OF HIS CAREER

SHOOTOUT

2 AT 1

GAME 49 | JAN. 16

2 AT 5

GAME 50 | JAN. 18

SHOOTOUT

4 CGY VS STL 5

GAME 51 | JAN. 28

SEAN MONAHAN NOTCHED HIS 400TH CAREER POINT

SHOOTOUT

4 CGY AT EDM 3

GAME 52 | JAN. 29

3 CGY VS EDM 8

GAME 53 | FEB. 1

BUDDY ROBINSON SCORED HIS FIRST GOAL AS A MEMBER OF THE CALGARY FLAMES

1 CGY VS SJ 3

GAME 54 | FEB. 4

2 CGY VS NSH 3

GAME 55 | FEB. 6

6 AT 2

GAME 56 | FEB. 8

6 AT 2

GAME 57 | FEB. 10

3 AT 5

GAME 58 | FEB. 12

ALEXANDER YELESIN MADE HIS NHL DEBUT

6 AT 0

GAME 59 | FEB. 13

CAM TALBOT RECORDED HIS FIRST SHUTOUT AS A CALGARY FLAME

4 VS 8

GAME 60 | FEB. 15

6 VS 4

GAME 61 | FEB. 17

ANDREW MANGIAPANE RECORDED HIS FIRST CAREER HAT-TRICK

3 VS 4

GAME 62 | FEB. 21

MARK JANKOWSKI SKATED IN HIS 200TH CAREER NHL GAME

4 AT 2

GAME 63 | FEB. 23

5 AT 2

GAME 64 | FEB. 25

ERIK GUSTAFSSON MADE HIS FLAMES DEBUT AND RECORDED HIS FIRST POINT AS A CALGARY FLAME

OVERTIME

3 AT 4

GAME 65 | FEB. 27

3 AT 4

GAME 66 | FEB. 29

3 AT 0

GAME 67 | MAR. 1

ELIAS LINDHOLM RECORDED HIS 200TH NLL ASSIST

OVERTIME

3 VS 2

GAME 68 | MAR. 4

DEREK RYAN SKATED IN HIS 300TH CAREER NHL GAME

3 VS 2

GAME 69 | MAR. 6

CAM TALBOT STARTED IN HIS 300TH CAREER NHL GAME PICKING UP HIS 150TH CAREER NHL WIN.

3 VS 5

GAME 70 | MAR. 8

4 VS 1

STANLEY CUP QUALIFIERS GAME 1 | AUG. 1

ANDREW MANGIAPANE NOTCHED HIS FIRST CAREER MULTI-POINT OUTING IN THE PLAYOFFS WITH A GOAL AND AN ASSIST

2 VS 3

STANLEY CUP QUALIFIERS GAME 2 | AUG. 3

STANLEY CUP QUALIFIERS

2020

6 AT 2

STANLEY CUP QUALIFIERS GAME 3 | AUG. 4

4 AT 0

STANLEY CUP QUALIFIERS GAME 4 | AUG. 6

CAM TALBOT RECORDED HIS THIRD CAREER PLAYOFF SHUTOUT, ONLY THE SECOND TIME A FLAMES GOALTENDER HAS POSTED A SHUTOUT IN A SERIES CLINCHING GAME.

3 AT 2

2020 STANLEY CUP PLAYOFFS
QUARTER FINAL | GAME 1 | AUG. 11

4 AT 5

2020 STANLEY CUP PLAYOFFS
QUARTER FINAL | GAME 2 | AUG. 13
DEREK FORBORT SCORED HIS FIRST CAREER PLAYOFF GOAL

2 VS 0

2020 STANLEY CUP PLAYOFFS
QUARTER FINAL | GAME 3 | AUG. 14

OVERTIME

4 VS 5

2020 STANLEY CUP PLAYOFFS
QUARTER FINAL | GAME 4 | AUG. 16

1 AT 2

2020 STANLEY CUP PLAYOFFS
QUARTER FINAL | GAME 5 | AUG. 18

3 VS 7

2020 STANLEY CUP PLAYOFFS
QUARTER FINAL | GAME 6 | AUG. 20

2019-20

CALGARY FLAMES

CCM
4
40
C
CCM
JETSPEED FT2
CCM
CCM
40
C
CCM
CCM
RIOR

RASMUS ANDERSSON

4

POSITION: Defence
SHOOTS: Right
HEIGHT: 6′0″
WEIGHT: 215 lbs.
DOB: Oct. 27, 1996
BIRTHPLACE: Mälmo, SWE
DRAFTED: Selected by Calgary in the second round (53rd overall) in the 2015 NHL Draft

Andersson took a big step in the 2019-20 season, shouldering more responsibility on the blue-line. The 23-year-old put up five goals and 22 points in 70 regular-season games, averaging 19:56 of ice time per outing. He saw more powerplay time, picking up four points there. In the playoffs, his role expanded further, averaging 21:27 of ice per contest — second only to captain Mark Giordano. He chipped in with three goals and five points in his 10 post-season appearances.

CCM
40
C
5
CCM
BAUER

MARK GIORDANO

POSITION: Defence
SHOOTS: Left
HEIGHT: 6′1″
WEIGHT: 200 lbs.
DOB: Oct. 3, 1983
BIRTHPLACE: Toronto, ON
DRAFTED: Undrafted free agent signed by the Calgary Flames in 2004

The Flames captain once again led all defencemen in scoring, posting five goals and 31 points in 60 regular-season games. He also led all Calgary blueliners in shots with 157 in 2019-20. He remained a key offensive contributor on the powerplay, with 11 of his points coming with the man advantage. He also led all Flames in penalty-killing minutes, logging 163:52. In the playoffs, Giordano played in all 10 games and put up three points during that stretch.

7
CCM
BAUER
WARRIOR
COVERT QR

T.J. BRODIE

7

POSITION: Defence
SHOOTS: Left
HEIGHT: 6′2″
WEIGHT: 185 lbs.
DOB: Jun. 7, 1990
BIRTHPLACE: Chatham, ON
DRAFTED: Selected by Calgary in the fourth round (114th overall) in the 2008 NHL Draft

The 30-year-old defenceman dressed for 64 games in the 2019-20 regular season, missing a handful of outings after going through a medical incident on the ice during practice in early November. During the campaign, he picked up four goals and 19 points and was second among regular Flames defencemen in five-on-five SAT percentage, sitting at 52.3%. In the playoffs, Brodie dressed for all 10 games, picking up four points and averaging 20:34 of ice time.

WARRIOR
WARRIOR
WARRIOR
10

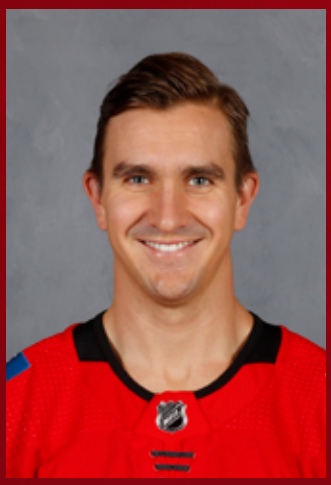
DEREK RYAN

10

POSITION: Centre
SHOOTS: Right
HEIGHT: 5'11"
WEIGHT: 180 lbs.
DOB: Dec. 29, 1986
BIRTHPLACE: Spokane, WA
ACQUIRED: Signed as an unrestricted free agent on July 1, 2018

Wrapping up his second season with the Flames, Ryan not only shouldered the defensive workload as the team's shutdown centreman, he also chipped in with 29 points in 68 games. The 33-year-old also was relied upon as a regular penalty-killer, putting in 113:24 minutes while short-handed — the sixth highest total among all Flames. In the playoffs, he picked up two assists in 10 games.

CCM
40
A
Bauer
CCM



MIKAEL BACKLUND

11

POSITION: Centre
SHOOTS: Left
HEIGHT: 6′0″
WEIGHT: 200 lbs.
DOB: Mar. 17, 1989
BIRTHPLACE: Vasteras, SWE
DRAFTED: Selected by Calgary in the first round (24th overall) in the 2007 NHL Draft

Backlund ended his 2019-20 regular-season campaign on a tear, posting 22 of his 45 points in his last 16 games. The Swede was a key cog for both special teams units, collecting 10 powerplay points and three short-handed goals. He continued his strong play in the post-season, notching four goals and six points in 10 playoff games, including a pair of powerplay points and a short-handed goal.

13
BAUER
40
13
BRIOR

JOHNNY GAUDREAU

13

POSITION: Left Wing
SHOOTS: Left
HEIGHT: 5′9″
WEIGHT: 165 lbs.
DOB: Aug. 13, 1993
BIRTHPLACE: Salem, NJ
DRAFTED: Selected by Calgary in the fourth round (104th overall) in the 2011 NHL Draft

Through 70 regular-season games, Gaudreau rattled off 18 goals and 58 points and led the team with 209 shots. With 444 points since entering the league on a full-time basis in 2014-15, he leads all Flames in scoring during that six-year stint. Gaudreau was second in powerplay points with 18 this year, giving him 127 points with the man advantage in his career. In the postseason, Gaudreau's seven points in 10 games ranked him second in team scoring. He led the Flames with six powerplay points in the playoffs.

CCM
JETSPEED

TOBIAS RIEDER

16

POSITION: Centre
SHOOTS: Left
HEIGHT: 5'11"
WEIGHT: 186 lbs.
DOB: Jan. 10, 1993
BIRTHPLACE: Landshut, DEU
ACQUIRED: Signed as an unrestricted free agent on September 29, 2019

Signed to a one-year contract after an impressive professional tryout during training camp, Rieder quickly solidified himself as premier penalty-killer and versatile forward that could slide onto any line as needed. He played 55 games in the regular season, scoring four goals and 10 points while logging 88:19 of ice time on the penalty-kill. The playoffs put a bigger spotlight on his short-handed play, with the German scoring three short-handed goals and putting in 28:13 on the penalty-kill in his 10 games played.

17
40
C
BAUER
CCM
ALPHA

MILAN LUCIC

17

POSITION: Left Wing
SHOOTS: Left
HEIGHT: 6′3″
WEIGHT: 230 lbs.
DOB: Jun. 7, 1988
BIRTHPLACE: Vancouver, BC
ACQUIRED: Trade from Edmonton on July 19, 2019

Acquired by the Flames in the summer of 2019, Lucic quickly became a fan favourite thanks to his physical style of play, leading the team with 198 hits. During his first 68 games in Flames silks, the forward put up eight goals and 20 points, along with 54 PIM. In the playoffs, he helped kick start the Flames offence in the play-in round and ended the postseason with six points in 10 games.

19
BAUER
40
19
ALPHA
Bauer

MATTHEW TKACHUK

19

POSITION: Left Wing
SHOOTS: Left
HEIGHT: 6′2″
WEIGHT: 200 lbs.
DOB: Dec. 11, 1997
BIRTHPLACE: Scottsdale, AZ
DRAFTED: Selected by Calgary in the first round (6th overall) in the 2016 NHL Draft

Tkachuk led the Flames in regular-season scoring with 61 points through 69 games in the shortened campaign. He was also tied for the team lead in powerplay points with 19, and his 23 goals ranked second among his teammates. Tkachuk was key in drawing penalties for the team once again, leading the group with 34. That total ranked fifth among all NHL skaters and he remains the league leader in penalties drawn since his rookie season in 2016-17 with 161. Tkachuk played six postseason games this summer, scoring one goal and two points.

ST RUN
CCM

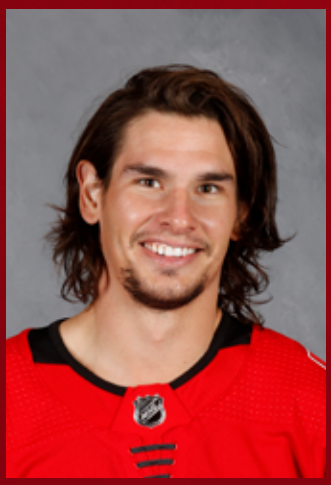
DEREK FORBORT

20

POSITION: Defence
SHOOTS: Left
HEIGHT: 6′4″
WEIGHT: 220 lbs.
DOB: Mar. 4, 1992
BIRTHPLACE: Duluth, MN
ACQUIRED: Trade from Los Angeles on February 24, 2020

The Flames acquired defenceman Derek Forbort from the LA Kings ahead of the NHL Trade Deadline and the 28-year-old dressed for seven regular-season games before the pause. In the playoffs, Forbort skated in all 10 post-season games, scoring a goal and collecting two points. The Duluth, Minn., product led the Flames in penalty-kill time in the postseason, logging 37:01 this summer.

23
BAUER
40
1980 2020
A
BAUER
BAUER
BAUER



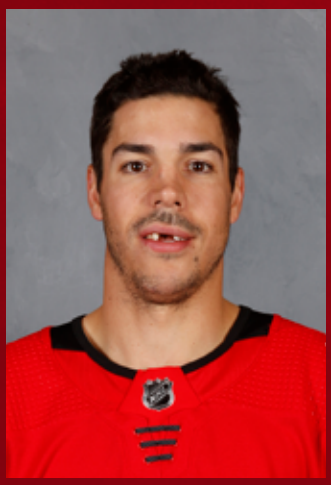
SEAN MONAHAN

23

POSITION: Centre
SHOOTS: Left
HEIGHT: 6′2″
WEIGHT: 200 lbs.
DOB: Oct. 12, 1994
BIRTHPLACE: Brampton, ON
DRAFTED: Selected by Calgary in the first round (6th overall) in the 2013 NHL Draft

With 22 goals and 48 points through 70 skates in 2019-20, Monahan now has 194 goals and 411 points in 541 games after being drafted by the Flames sixth overall in 2013. Since his rookie season in 2013-14, the centre leads all Flames in goals scored, even-strength goals (135), powerplay goals (57), game-winning goals (40), and shots (1,306). In the 2020 post-season, Monahan was tied for the team lead in scoring with eight points in 10 skates.

24
BAUER
24
40
BAUER



TRAVIS HAMONIC

24

POSITION: Defence
SHOOTS: Right
HEIGHT: 6′1″
WEIGHT: 200 lbs.
DOB: Aug. 16, 1990
BIRTHPLACE: St. Malo, MB
ACQUIRED: Trade from the New York Islanders on June 24, 2017

The veteran defenceman played in 50 games in his third season with the Flames, scoring three goals and 12 points. Paired primarily with Noah Hanifin during the regular season, the pair were tasked as a shutdown pairing throughout the course of the year. He was second among all Flames in blocked shots with 110, averaged 21:12 of ice time per game, and threw 39 hits. Hamonic opted out of the 2020 Return To Play Plan and did not participate in the playoffs.

26
BAUER
26
WARRIOR
CCM

MICHAEL STONE

26

POSITION: Defence
SHOOTS: Right
HEIGHT: 6′3″
WEIGHT: 210 lbs.
DOB: Jun. 7, 1990
BIRTHPLACE: Winnipeg, MB
ACQUIRED: Trade from Arizona on February 20, 2017

In his third full season with the Flames, Stone dressed for 33 games. During that stretch, he scored a pair of goals and seven points while tossing 52 hits. The veteran defenceman has played 472 games in the NHL, split between his time with the Arizona Coyotes and Calgary, and put up 31 goals and 124 points.

40
WARRIOR
CCM

AUSTIN CZARNIK

27

POSITION: Right Wing/Centre
SHOOTS: Right
HEIGHT: 5′9″
WEIGHT: 165 lbs.
DOB: Dec. 12, 1992
BIRTHPLACE: Washington Township, MI
ACQUIRED: Signed as an unrestricted free agent on July 1, 2018

In his second season with the organization, Czarnik dressed for eight games. In that span, he netted two goals and three points while putting nine shots on net. Czarnik played 32 games with the Stockton Heat in the AHL, posting 16 goals and 33 points and averaging 1.03 points-per-game during his time in Northern California.

28
40
CCM
WARRIOR
ALPHA

28

ELIAS
LINDHOLM

POSITION: Right Wing
SHOOTS: Right
HEIGHT: 6'1"
WEIGHT: 195 lbs.
DOB: Dec. 2, 1994
BIRTHPLACE: Boden, SWE
ACQUIRED: Trade from Carolina on June 23, 2018

In 70 games in the regular season, Lindholm potted 29 goals, putting him on pace for 34 tallies had the season not been suspended. His 54 points had him third in team scoring and he was tied for the lead in powerplay goals with eight, and powerplay points with 19. Since being acquired by the Flames in the summer of 2018, Lindholm has scored 56 goals and 132 points. In the 2020 playoffs, Lindholm netted two goals and six points through 10 games. He now has eight points in 15 playoff appearances with Calgary.

29
BAUER
29
40
JETSPEED
BAUER

DILLON DUBE

29

POSITION: Centre
SHOOTS: Left
HEIGHT: 5'11"
WEIGHT: 187 lbs.
DOB: Jul. 20, 1998
BIRTHPLACE: Golden, BC
DRAFTED: Selected by Calgary in the second round (56th overall) in the 2016 NHL Draft

In his second NHL campaign, Dube played in 45 games through the regular season, racking up six goals and 16 points. Averaging 12:41 of ice time during that stretch, he threw 59 hits and was credited with 60 shots on net. The Cochrane native took his game to the next level in the playoffs, generating plenty of offence while on a line with Milan Lucic and Sam Bennett. In 10 games, he posted five points and put 30 shots on net.

40
CCM

DAVID RITTICH

33

POSITION: Goaltender
CATCHES: Left
HEIGHT: 6′3″
WEIGHT: 200 lbs.
DOB: Aug. 19, 1992
BIRTHPLACE: Jihlava, CZE
ACQUIRED: Signed as a free agent on June 13, 2016

Rittich played in a career-high 48 games in the 2019-20 regular season, going 24-17-6 with a 2.97 GAA, a .907 save percentage, and two shutouts. The Czech netminder has a 106-59-32 record, a 2.82 GAA, .908 save percentage, and three shutouts in his NHL career.

36
CCM
40
36
CCM
SPEED
89

ZAC RINALDO

36

POSITION: Centre
SHOOTS: Left
HEIGHT: 5'10"
WEIGHT: 192 lbs.
DOB: Jun. 15, 1990
BIRTHPLACE: Mississauga, ON
ACQUIRED: Signed as a free agent on Sept. 29, 2019

After earning a one-year contract after a successful professional tryout in the fall of 2019, Rinaldo went on to skate in 19 games for the Flames in his first season with the organization. In those outings, he scored three goals and five points. He also sat seventh among all Flames with 69 hits in the regular season. He also skated in five playoff games this past summer. Rinaldo spent a portion of the season with the Stockton Heat, posting seven points in 14 appearances.

Zac Rinaldo
36

BAUER
40
BAUER
BAUER

CAM TALBOT

39

POSITION: Goaltender
CATCHES: Left
HEIGHT: 6′4″
WEIGHT: 200 lbs.
DOB: Jul. 5, 1987
BIRTHPLACE: Caledonia, ON
ACQUIRED: Signed as an unrestricted free agent on July 1, 2019

Signed to a one-year deal as a free agent in the summer of 2019, Talbot ended up appearing in 26 regular-season games with the Flames. During those games, he posted a 2.63 GAA and a .919 save percentage with two shutouts. He was one of the Flames' best players in the postseason, playing in all 10 games while registering a 2.42 GAA and a .924 save percentage with two shutouts.

45
CCM
49
CCM
45
40

45

ALEXANDER YELESIN

POSITION: Defence
SHOOTS: Right
HEIGHT: 6′0″
WEIGHT: 195 lbs.
DOB: Feb. 7, 1996
BIRTHPLACE: Yaroslavl, RUS
ACQUIRED: Signed by Calgary as a free agent on May 10, 2019

The Russian defenceman signed his first NHL contract in the spring of 2019, inking a two-year entry-level deal with the organization. He spent the bulk of the season with the Stockton Heat in the AHL, scoring one goal and five points in 38 games, but also made his NHL debut in 2019-20 with four games with the Flames.

CCM
40
CCM

BUDDY ROBINSON

53

POSITION: Right Wing
SHOOTS: Right
HEIGHT: 6′6″
WEIGHT: 232 lbs.
DOB: Sept. 30, 1991
BIRTHPLACE: Bellmawr, NJ
DRAFTED: Signed as a free agent on July 2, 2018

In his second season with the organization, Robinson played five games with the Flames. During his time in Calgary, the Bellmawr, N.J., native scored one goal and put six shots on net. He spent the majority of his regular season with the Stockton Heat in the AHL, playing in 45 games and posting 18 goals and 32 points.

5
40
Bauer
CCM
HANIFIN

NOAH HANIFIN

55

POSITION: Defence
SHOOTS: Left
HEIGHT: 6′3″
WEIGHT: 210 lbs.
DOB: Jan. 25, 1997
BIRTHPLACE: Boston, MA
ACQUIRED: Trade from Carolina on June 23, 2018

Settling into his second season with the Flames since being acquired in the summer of 2018, Hanifin solidified his position as a top-four defenceman. Paired primarily with Travis Hamonic, the duo routinely were tasked with shutting down other teams top lines. In his 70 regular season games, Hanifin netted five goals and ended the year with 22 points. He was a mainstay on the penalty-kill, clocking in with 116:20 minutes while short-handed, and also earned time on the powerplay, picking up five of his points with the man advantage. In the playoffs, he had four assists through 10 games.

56
BAUER
40
Jägern

56

ERIK GUSTAFSSON

POSITION: Defence
SHOOTS: Left
HEIGHT: 6′0″
WEIGHT: 197 lbs.
DOB: Mar. 14, 1992
BIRTHPLACE: Nynashamn, SWE
ACQUIRED: Trade from Chicago on February 24, 2020

Acquired ahead of the NHL Trade Deadline from the Chicago Blackhawks, Gustafsson immediately added an offensive boost to the Flames' blueline. In the seven regular-season games he played with Calgary, he posted three assists and put five shots on net while averaging 18:01 of ice time and 1:41 of powerplay time per outing. In the playoffs, the Swede played 10 games and picked up four assists while averaging 17:06 of ice time.

58
58
40

58

OLIVER KYLINGTON

POSITION: Defence
SHOOTS: Left
HEIGHT: 6′0″
WEIGHT: 183 lbs.
DOB: May 19, 1997
BIRTHPLACE: Stockholm, SWE
DRAFTED: Selected by Calgary in the second round (60th overall) in the 2015 NHL Draft

The 23-year-old Kylington suited up for 48 games in his second full NHL season, scoring a pair of goals and seven points. Drafted 60th overall in 2015, the Swedish blueliner now has 87 NHL games in his career, with 15 points in that stretch. Prior to becoming a regular on the Flames roster, Kylington spent 190 games in the AHL, compiling 28 goals and 91 points.

EDMONTON
77
CCM
40
35
VAUGHN
CCM

77

MARK

JANKOWSKI

POSITION: Centre
SHOOTS: Left
HEIGHT: 6′4″
WEIGHT: 205 lbs.
DOB: Sept. 13, 1994
BIRTHPLACE: Hamilton, ON
DRAFTED: Selected by Calgary in the first round (21st overall) in the 2012 NHL Draft

In his third full-time NHL season, Jankowski shouldered more of a defensive, shutdown role for the Flames. He dressed for 56 games, scoring five goals and seven points, and was a regular on the penalty-kill, putting in 114:12 in the regular season. In the 2020 postseason, Jankowski played in five games.

88
40
21
12
CCM
VAUGHN

ANDREW MANGIAPANE

88

POSITION: Left Wing
SHOOTS: Left
HEIGHT: 5'10"
WEIGHT: 180 lbs.
DOB: Apr. 4, 1996
BIRTHPLACE: Bolton, ON
DRAFTED: Selected by Calgary in the sixth round (166th overall) in the 2015 NHL Draft

Coming off of a strong rookie season, Mangiapane kicked his game up a notch. The winger scored 17 goals and 32 points in the regular season, which more than doubled his totals from the previous campaign. He was a primary offence driver for the club, leading all Flames forwards with a 52.9 five-on-five SAT percentage – a total that was second only to Mark Giordano among all Calgary regulars. In the 2020 playoffs, Mangiapane skated in 10 games and posted two goals and five points.

CCM
40
CCM

ALAN QUINE

POSITION: Centre
SHOOTS: Left
HEIGHT: 6′0″
WEIGHT: 203 lbs.
DOB: Feb. 25, 1993
BIRTHPLACE: Belleville, ON
ACQUIRED: Signed as a free agent on July 1, 2018

Quine dressed for nine games for the Flames in 2019-20, scoring one goal and putting 12 shots on net. In the playoffs, the 27-year-old had one assist in his three appearances. During his time in the AHL with the Stockton Heat, Quine put up 14 goals and 46 points in his 38 games, averaging 1.21 points-per-game.

93
40
BAUER
BAUER

SAM BENNETT

93

POSITION: Centre
SHOOTS: Left
HEIGHT: 6′1″
WEIGHT: 195 lbs.
DOB: Jun. 20, 1996
BIRTHPLACE: Holland Landing, ON
DRAFTED: Selected by Calgary in the first round (4th overall) in the 2014 NHL Draft

In his fifth season with the Flames, Bennett suited up for 52 games, picking up eight goals and 12 points over that stretch. He continued to establish his physical game, sitting third in hits with 101. He elevated his offensive game in the postseason, centering Milan Lucic and Dillon Dube. He led the Flames with five goals, eight points and 54 hits in 10 playoff tilts.

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